Family Creativity

Wizard's Workshops

by Olga Verasen

When we find some time in our daily to-do list for creativity, we create the opportunity to connect with our amazing inner world that has no limits . . .



About Family Creativity

When we parents create together with our children, we support them to learn how to create the best in life together.

Family Creativity supports:

- communication skills and ability to work as a team
- uniqueness, ability, and talent with choice of activities
- proactive position, leadership, and the courage to create
- harmony, and developing based on human values in unity with nature.

The value of "Wizard's Workshops

- **Stress-reducing**: supports consciously developing the sensory system and positive feelings.
 - Uniqueness: develops unique abilities and talents through the freedom to choose activities.
 - Leadership: develops a proactive position, responsibility, and skills to support others.
 - **Communication**: develops abilities to create as a team in multi-aged groups of children and types of activities.
 - Culture: supports national traditions, native culture, and value of creative work.
 - Sensibility: activities are based on Human values in Unity with Nature.
 - Family: supports activities with multi-aged children, parents, and grandparents.

Wizard's Workshops are based on 7 branches of creativity:

- 1 handmade books
- 2 handmade toys
- 3 sculpture, crafts from natural materials
- 4 modeling, paper crafts
- 5 painting on various surfaces, incl. based on natural materials
- 6 cards, gifts
- 7 home design and interior decoration for the holidays.

Each branch has unlimited potential for developing skills from beginner to progressive and master. Why?

The freedom of choosing different brunches of creativity and the ability to improve your skills within a branch is important for developing the potential and talent of each participant.

The process of sharing tools and supporting each other as a team among different ages and skills exercises family communication in working together while developing personal uniqueness. Below are examples of seven branches of creativity.

Some Workshops examples

Handmade Books



Participants will create their own dream, dairy, or notice books from: paper, cardboard, fabric, yarn, and ribbons. Levels: beginner, progressive, master.

Handmade Toys



The participant will create their own toys: hand or finger puppets from fabric, yarn, cardboard, and papier mâché. Levels: beginner, progressive, master.

Modeling, Paper Crafts



Participants will create paper models. toys or mosaics from colored paper. Levels: beginner, progressive, master.

Sculpture, craft from natural materials



Participants will create sculptures or wall compositions from natural material. Levels: beginner, progressive, master.

Painting



Painting on various surfaces, incl. based on natural materials. Participants will create artwork using watercolor, gauche and colored pencils. Mixed technique by the author. Levels: beginner, progressive, master.

Greeting Cards, Gifts



Participants will create greeting cards and gifts using paper and fabric applications, mixed art techniques, and nature's materials. Levels: beginner, progressive, master.

Home Design



Participants will create wall or table compositions from nature's material, carboard, fabric, yarn, and ribbons. Levels: beginner, progressive, master.

What is unique about Olga's Workshops

Olga's Workshops are based on her experience as an artist, writer, and educator for 20 years.

These experiences have inspired Olga to create simple and interesting workshops designed for whole family participation.

Traditional training systems are based on the left brain which slows the creative process. Creativity workshops are based on a methodology that encourages the right side of the brain. The right hemisphere has an excellent sense of space and shape. By developing activities through right-brain creativity, we directly tap into our unique talents and abilities.

In our day-to-day life, our left hemisphere dominates. However, when our brain hemispheres are in harmony, our performance improves, and the speed and quality of our decision-making increases. Inspiration and harmony, applied to all areas of activity, improve the quality of our lives.

Olga says, "I will not be a Teacher and you will not be a Student. We will be together on a journey of creativity. I will share my experience to support and encourage your Creative Way."

Creativity Workshops are based on Olga's education program <u>"Supporting stress resistance and immunity</u> <u>through the conscious development of the sensory system and feelings</u>"

About author

Olga has over 20 years of scientific experience and practice-based activities as a biologist, teacher, writer, artist, and volunteer activities in schools, education centers, and children's hospitals.

She creates resources for harmonious development and health through her activity as a system-integrative coach, expert /coaching Instructor/trainer (ECA), European Coaching Association, Germany.

Olga is the mother of 3 children and a grandmother of 3, she and her husband Joff are citizens of The United States of America.



Olga's experience





More about Creativity Workshops

